



What is **The Marriage Course**?

The Marriage Course was developed in 1996 by Nicky and Sila Lee for couples looking for practical support to strengthen their relationship. Over seven sessions, the course will help you to:

- ♥ Understand each other's needs
- ♥ Communicate more effectively
- ♥ Grow closer by learning methods to resolve conflict
- ♥ Recover from the ways you may have hurt each other
- ♥ Recognize how your upbringing affects your relationship
- ♥ Improve relationships with parents and in-laws
- ♥ Develop greater sexual intimacy
- ♥ Discover each other's "love language" and much, much more...

The Marriage Course is for couples who are seeking to strengthen their relationship. It offers a lifetime of practical ideas and tools to help keep your relationship strong, and is based on Christian principles but designed for all couples with or without a church background.

This program will be offered at St. Joseph Parish, beginning October 12th. The 7 sessions will be held on Friday evenings from 6:30 – 9 p.m. at our East Campus Meeting Rooms. Registration is required by contacting the Parish Center at 419-885-5076 or jdenyer@stjoesyva.org.

We hope you will consider this new course as a way of enriching your marriage!